

WOMENS RECORDS

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U12	100m	Zali Hyde	15.83	2026	Country Cchampionships
	200m	Emily Munkman	29.66	2024	
	400m	Emily Munkman	01:03.3	2024	
		Emma Shiels	01:03.3	2024	
	800m	Emma Shiels	2.26.97	2024	
	1500m	Kiara Garcia	5.11.41	2020	
	1 Mile				
	1500mW	Sienna Pitcher	9.18.11	2016	
	80mH				
	200mH				
	Long Jump	Emma Shiels	4.37m	2024	
	Triple Jump	Emily Munkman	9.40m	2024	
	High Jump	Mikayla McRae	1.25m	2025	
	Shot Put	Madelyn Ruane	6.39m	2021	
	Discus	Emily Munkman	21.94m	2024	
	Hammer Throw				

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U13	100m				
	200m				
	400m				
	800m				
	1500m				

	1 Mile				Country Championships Country Championships
	3km				
	1500mW				
	3km Walk				
	80mH				
	200mH				
	Long Jump				
	Triple Jump				
	High Jump				
	Shot Put	Amalee Inwood	9.40m	2026	
	Discus	Amalee Inwood	27.95	2026	
	Javelin				
	Hammer Throw				

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U14	100m	Katie Gunn	13.57s	2016	High Velocity 2
	200m	Rose Merchant	27.29s	2025	
	400m	Rose Merchant	1.01.05	2025	
	800m	Kiara Garcia	2.30.66	2021	
	1500m	Kiara Garcia	5.01.87	2021	
	1 Mile	Lara Bertoldi	5.33.32	2025	
	3km	Lara Bertoldi	10:29.1	2025	
	1500mW	Caetlin Ashby	7.50.72	2022	
	3km Walk	Chloe McLoughlin	16.34.64	2017	
	80mH	Mia Barber	13.68s	2017	
	200mH	Baylee LeBreton	32.91s	2018	
	Long Jump	Katie Gunn	5.34m	2016	

	Triple Jump	Katie Gunn	10.81m	2016
	High Jump	Katie Gunn	1.35m	2016
	Shot Put	Zahli Fisher	9.61m	2022
	Discus	Zahli Fisher	29.13m	2024
	Javelin	Grace Kelly	25.29m	2025
	Hammer Throw	Zahli Fisher	33.02m	2024

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U15	100m	Lexie Martin	14.52	2025	Treloar 6
	200m	Emily Munkman	27.89	2026	Country Championships
	400m	Lexie Martin	1.24.88	2025	Treloar 6
	800m				
	1500m	Lara Bertoldi	5.05.93	2025	Treloar 6
	1 Mile				
	3km				
	1500mW				
	3km Walk				
	80mH				
	200mH				
	Long Jump	Emily Munkman	4.32	2026	Country Championships
	Triple Jump	Emily Munkman	10.23	2026	Country Championships
	High Jump				
	Shot Put	Imogen Mobberley	11.13	2026	Country Championships
	Discus	Emily Munkman	32.19	2026	Country Championships
	Javelin	Evie Hyde	35.05	2026	Country Championships
	Hammer Throw				

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U16	100m	Katie Gunn	12.48s	2018	
	200m	Katie Gunn	24.91s	2018	
	400m	Katie Gunn	1.08.09	2017	
	800m				
	1500m	Tahlia Lucas	5.30.98	2023	
	1 Mile				
	3km	Kiara Garcia	11.20.73	2021	
	2km Steeplechase	Tahlia Lucas	8.12.28	2023	
	1500mW	Caetlin Ashby	8.06.62	2023	
	3km Walk	Caetlin Ashby	17.18.19	2023	
	90mH	Mia Barber	14.20s	2018	
	200mH	Baylee LeBreton	32.20s	2018	
	Long Jump	Katie Gunn	5.90m	2018	
	Triple Jump	Katie Gunn	11.68m	2017	
	High Jump	Katie Gunn	1.40m	2017	
		Jessica Hunter	1.40m	2020	
	Shot Put	Jaimee Farrant	11.96m	2014	
	Discus	Paige Farrant	40.57m	2014	
	Javelin	Rebecca Casey	27.00m	2016	
	Hammer Throw	Zahli Fisher	41.68	2026	Country Championships

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U17	100m				
	200m				

	400m			
	800m			
	1500m			
	1 Mile			
	3km			
	5km			
	2km Steeplechase			
	3km Walk			
	5km Walk			
	10km Walk			
	100mH			
	400mH			
	Long Jump			
	Triple Jump			
	High Jump			
	Shot Put			
	Discus			
	Javelin			
	Hammer Throw			

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U18	100m	Katie Gunn	12.19s	2019	
	200m	Katie Gunn	25.09s	2019	
	400m	Olivia Booth	1.07.88	2020	
	800m	Margrete Arthur	02:50.7	2024	
	1500m	Kiara Garcia	5.04.86	2020	
	1 Mile				

	3km	Maia Abell	09:50.9	2025*
	5km			
	2km Steeplechase			
	3km Walk	Caetlin Ashby	16.38.48	2022
	5km Walk			
	10km Walk			
	100mH			
	400mH			
	Long Jump	Katie Gunn	6.09m	2019
	Triple Jump	Katie Gunn	11.35m	2019
	High Jump			
	Shot Put	Paige Farrant	12.65m	2016
	Discus	Paige Farrant	42.26m	2016
	Javelin	Katie Gunn	23.9	2019
	Hammer Throw			

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U20	100m	Katie Gunn	12.16s	2021	Country Championships Country Championships NSW Mile Championships
	200m	Katie Gunn	27.21s	2021	
	400m	Katie Gunn	01:09.0	2021	
	800m	Matilda Cohen	2.33.39	2026	
	1500m	Matilda Cohen	5.11.98	2026	
	1 Mile	Holly Sargent	5.27.06	2025	
	3km	Holly Sargent	10:37.3	2025	
	5km				
	2km Steeplechase				
	3km Walk				
	5km Walk				

	10km Walk			
	100mH			
	400mH			
	Long Jump	Katie Gunn	6.21m	2022
	Triple Jump			
	High Jump			
	Shot Put	Paige Farrant	9.56m	2015
	Discus	Paige Farrant	36.64m	2015
	Javelin	Annabelle Rodgers	22.28m	2022
	Hammer Throw			

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
OPEN	100m	Katie Gunn	12.24s	2022	
	200m	Katie Gunn	24.82s	2018	
	400m	Katelyn Wardell	1.08.91	2018	
	800m	Katelyn Wardell	2.33.68	2021	
	1500m				
	1 Mile				
	3km	Maia Abell	09:50.9	2025	
	5km				
	3km Steeplechase				
	1500m Walk	Caetlin Ashby	8.37.39	2022	
	3km Walk	Caetlin Ashby	18.32.87	2021	
	5km Walk				
	10km Walk				
	100mH				
	400mH				

	Long Jump	Katie Gunn	6.41m	2023
	Triple Jump	Katie Gunn	12.03m	2022
	High Jump			
	Shot Put	Kelly Hunter	11.39m	2018
	Discus	Kelly Hunter	43.00m	2018
	Javelin	Emily Gunn	27.11m	2016
	Hammer Throw			

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
30-39	100m	Sarah Moss	14.43s	2023	
	200m	Sarah Moss	29.95	2023	
	400m	Sarah Moss	1.12.43	2024	
	800m	Sarah Moss	3.03.61	2023	
	1500m	Georgie Quick	6.18.78	2021	
	1 Mile				
	3km	Georgia Quick	14.46.05	2023	
	5km				
	2km Steeplechase				
	3km Walk				
	100mH				
	400mH				
	Long Jump	Georgie Quick	2.81m	2020	
	Triple Jump	Danielle McKendrick	6.45m	2021	
	High Jump	Kelly Hunter	1.25m	2017	
	Shot Put	Kelly Hunter	11.44m	2016	
	Discus	Kelly Hunter	43.04m	2017	
	Javelin	Kelly Hunter	29.06m	2016	

	Hammer Throw	Kelly Hunter	28.85m	2017	
	Weight Throw	Kelly Hunter	11.94m	2017	
	Throw Pentathlon	Kelly Hunter	3088pts	2017	

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
40-49	100m	Kannika Chuapram	16.68s	2020	
	200m	Elizabeth Maughan	36.21s	2021	
	400m	Kannika Chuapram	1.23.21	2021	
	800m	Elizabeth Maughan	03:13.7	2021	
	1500m	Elizabeth Maughan	6.48.18	2021	
	1 Mile				
	3km	Kannika Chuapram	14:54.8	2020	
	5km				
	3km Steeplechase				
	3km Walk				
	80mH	Kannika Chuapram	18.13s	2020	
	400mH				
	Long Jump	Kannika Chuapram	3.26m	2020	
	Triple Jump	Kannika Chuapram	6.67m	2020	
	High Jump	Kelly Hunter	1.02m	2020	
	Shot Put	Kelly Hunter	11.87m	2018	
	Discus	Kelly Hunter	42.72m	2018	
	Javelin	Julia Atilla	34.34m	2025	
	Hammer Throw	Kelly Hunter	34.29m	2023	
	Weight Throw	Kelly Hunter	12.88m	2023	
	Throw Pentathlon	Kelly Hunter	3318pts	2023	

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
50-59	60m	Vicki Townsend	8.7	2023	
	100m	Vicki Townsend	14.58	2023	
	200m	Vicki Townsend	29.3	2023	
	400m	Anna Wech	1.18.99	2021	
	800m	Anna Wech	2.50.02	2021	
	1500m	Di Hayter	7.21.94	2022	
	1 Mile				
	3km				
	5km				
	3km Steeplechase				
	80mH	Vicki Townsend	14.26	2023	
	400mH				
	Outdoor	Vicki Townsend	2673pts	2024	
	Long Jump	Vicki Townsend	4.35m	2023	
	Triple Jump	Vicki Townsend	9.43m	2023	
	High Jump	Vicki Townsend	1.30m	2023	
	Shot Put	Vicki Townsend	10.48m	2022	
	Discus	Vicki Townsend	28.17m	2023	
	Javelin	Vicki Townsend	23.67m	2023	
	Hammer Throw	Vicki Townsend	32.14m	2023	
	Weight Throw	Vicki Townsend	12.37m	2023	
	Throw Pentathlon	Vicki Townsend	3133pts	2023	

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
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60-69	60m	Vicki Townsend	9.46	2025	ACT State Championships Oceania Masters Games Oceania Masters Games
	100m	Vicki Townsend	15.39	2025	
	200m	Vicki Townsend	31.91	2025	
	400m				
	800m	Vicki Townsend	3.26.87		
	1500m				
	1 Mile				
	3km				
	5km				
	3km Steeplechase				
	80mH	Vicki Townsend	14.37	2025	Oceania Masters Games
	400mH				
	Outdoor				
	Long Jump	Vicki Townsend	4.00m	2024	Oceania Masters Games
	Triple Jump	Vicki Townsend	8.51m	2025	Oceania Masters Games
	High Jump	Vicki Townsend	1.25	2025	Country Championships
	Shot Put	Vicki Townsend	10.27m	2025	Oceania Masters Games Oceania Masters Games
	Discus	Vicki Townsend	28.65	2025	
	Javelin	Vicki Townsend	22.11m	2025	
	Hammer Throw	Vicki Townsend	31.49	2026	Country Championships
	Weight Throw	Vicki Townsend	14.11m	2025	Oceania Masters Games
	Throw Pentathlon	Vicki Townsend	3320pts	2025	Oceania Masters Games

PARA AMBULANT

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U16	100m				

	Long Jump			
	Shot Put	Annabelle Rodgers	9.71m	2018
	Discus	Annabelle Rodgers	25.91m	2018
	Javelin			

AGE	EVENT	NAME	TIME/DISTANCE	YEAR
U18	100m			
	Long Jump			
	Shot Put	Annabelle Rodgers	10.14m	2019
	Discus	Annabelle Rodgers	27.92m	2019
	Javelin			

AGE	EVENT	NAME	TIME/DISTANCE	YEAR
U20	100m	Annabelle Rodgers	17.67s	2019
	Long Jump	Annabelle Rodgers	3.60m	2019
	Shot Put	Annabelle Rodgers	11.11m	2020
	Discus	Annabelle Rodgers	30.40m	2021
	Javelin	Annabelle Rodgers	25.42m	2021

AGE	EVENT	NAME	TIME/DISTANCE	YEAR
OPEN	100m			
	Long Jump	Annabelle Rodgers	3.14m	2019
	Shot Put	Annabelle Rodgers	10.34m	2023
	Discus	Annabelle Rodgers	31.15m	2021
	Javelin	Annabelle Rodgers	25.61m	2022